



Hannibal Regional

Better Me Personal Training Scholarship Essay

This scholarship sponsored by Hannibal Regional Healthcare System provides members on scholarship and United Healthcare Renew Active with personal training sessions. Fill out the information below to see if you qualify for personal training at the YMCA.

What are your goals in life and fitness? How would you like your health to change?

What do you need to accomplish your goals and how can we help you get there? List some reasons why the Better Me Scholarship would help you accomplish the goals you have in fitness.

If each Personal Training session costs about \$35 per session, how much can you afford to pay right now per session?

What are your limitations for being able to afford personal training?

Are you on a member scholarship for the YMCA of Hannibal, MO? _____

Are you participating in our United Healthcare Renew Active program? _____

Name: _____

Signature: _____

Phone Number: _____

Date: _____

Email: _____

If you feel the need to share more details, use the space below: